



Health & Human Services Agenda Request

2A
Agenda Item #

Requested Meeting Date: August 23, 2022

Title of Item: BRIC Grant Presentation

<input checked="" type="checkbox"/> REGULAR AGENDA	Action Requested:	<input type="checkbox"/> Direction Requested
<input type="checkbox"/> CONSENT AGENDA		<input checked="" type="checkbox"/> Discussion Item
<input type="checkbox"/> INFORMATION ONLY		<input type="checkbox"/> Hold Public Hearing* <i>*provide copy of hearing notice that was published</i>
<input type="checkbox"/> Approve/Deny Motion		
<input type="checkbox"/> Adopt Resolution (attach draft)		

Submitted by: Paula Arimborgo	H&HS Administration
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Presenter (Name and Title): Hannah Colby, H&HS Public Health & Lynne Jacobs, CARE	Estimated Time Needed: 20 minutes
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Summary of Issue:
Presentation on Building Resilient Inclusive Communities (BRIC) Grant. Presentation attached.

Alternatives, Options, Effects on Others/Comments:

Recommended Action/Motion:

Financial Impact:
 Is there a cost associated with this request? Yes No
 What is the total cost, with tax and shipping? \$
 Is this budgeted? Yes No *Please Explain:*

BUILDING RESILIENT INCLUSIVE COMMUNITIES IN AITKIN COUNTY

HANNAH COLBY, RD, LD, CLS
AITKIN COUNTY PUBLIC HEALTH EDUCATOR/DIETITIAN

LYNNE JACOBS
AITKIN COUNTY CARE EXECUTIVE DIRECTOR

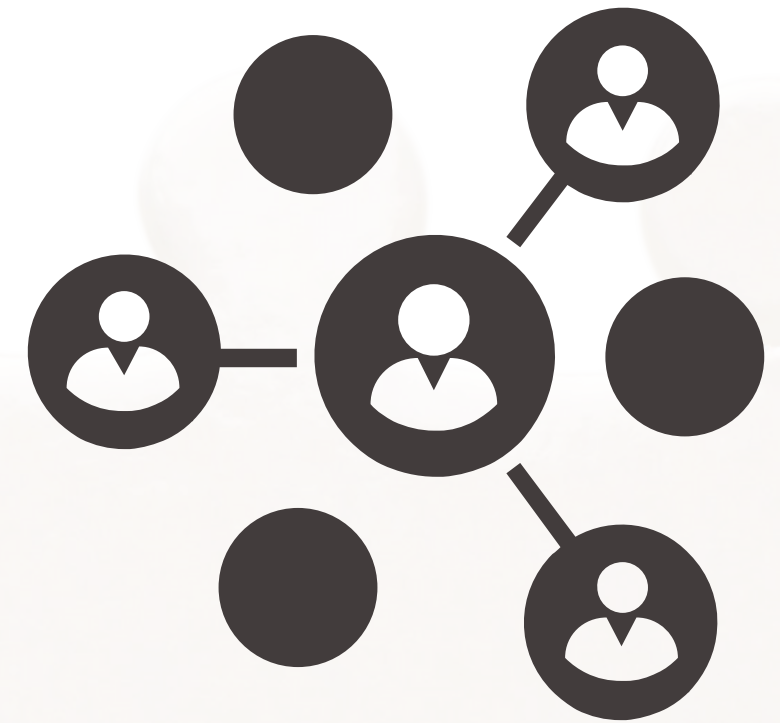




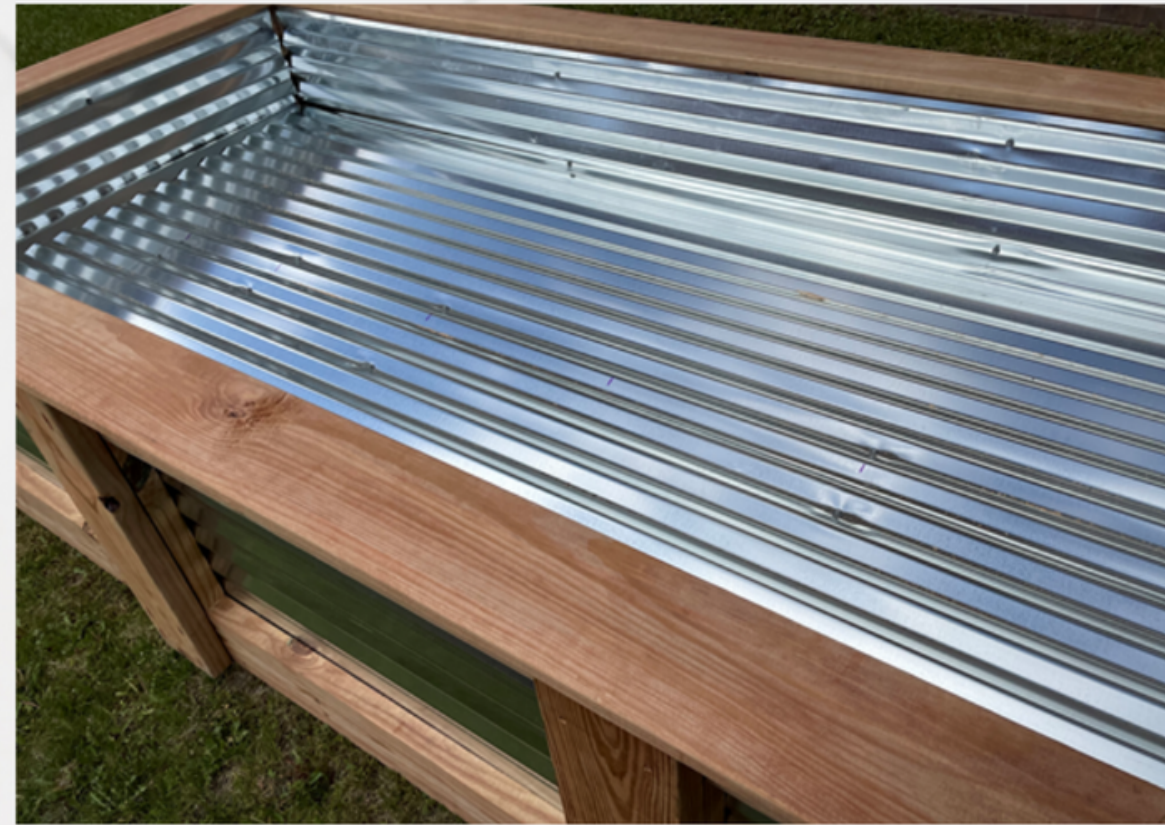
**FOOD & NUTRITION
SECURITY**



**SAFE PHYSICAL
ACTIVITY ACCESS**



**SOCIAL
CONNECTEDNESS**



BEFORE



AFTER



HILL CITY
Community Garden



BEFORE



**AITKIN
COMMUNITY
FOOD SHELF**
SuperShelf



AFTER



**PALISADE
ONE STOP**

*Good Food
Sold Here*

Treat Yourself!

BEFORE



AFTER



AITKIN FARMERS' MARKET
Food Hub

STRETCH YOUR FOOD \$ AT AITKIN FARMERS' MARKET

SWIPE
YOUR EBT CARD AT THE MARKET BOOTH FOR UP TO \$10

UP TO \$10 EBT TOKENS + UP TO \$10 MARKET BUCKS + UP TO \$10 PRODUCE BUCKS = **TOTAL OF \$30.00**

SPEND \$30
ON GOOD FOOD AT THE MARKET
VEGETABLES & FRUIT, BAKERY PRODUCTS, PICKLES, SALSA, SAUCES, JAM, JELLY, HONEY, SYRUP AND MEATS

SPEND \$25
FOR A MARKET BOX
MATCHES AVAILABLE EVERY MARKET DAY & NO LIMIT ON DAYS!

SPEND \$13
FOR VEGGIES SIDES BOX

SATURDAYS, 9 AM TO 1 PM NEXT TO THE BUTLER BUILDING

\$2

POP POWER OF PRODUCE CLUB

Redeem at **AITKIN FARMERS MARKET**

Good for kids ages 2-12 for Power of Produce (eligible items only)

1st Avenue Northwest Aitkin, MN 56431 / Saturdays (9:00 - 1:00)

Expires 10/31/2022

SPONSORED BY **sfa** GREAT WHEAT QUALITY FARMER-TO-FARMER NETWORK

1st Avenue Northwest Aitkin, MN 56431 / Saturdays (9:00 am - 1:00 pm) Next to the Butler Building EXPIRES 10/31/22

\$2

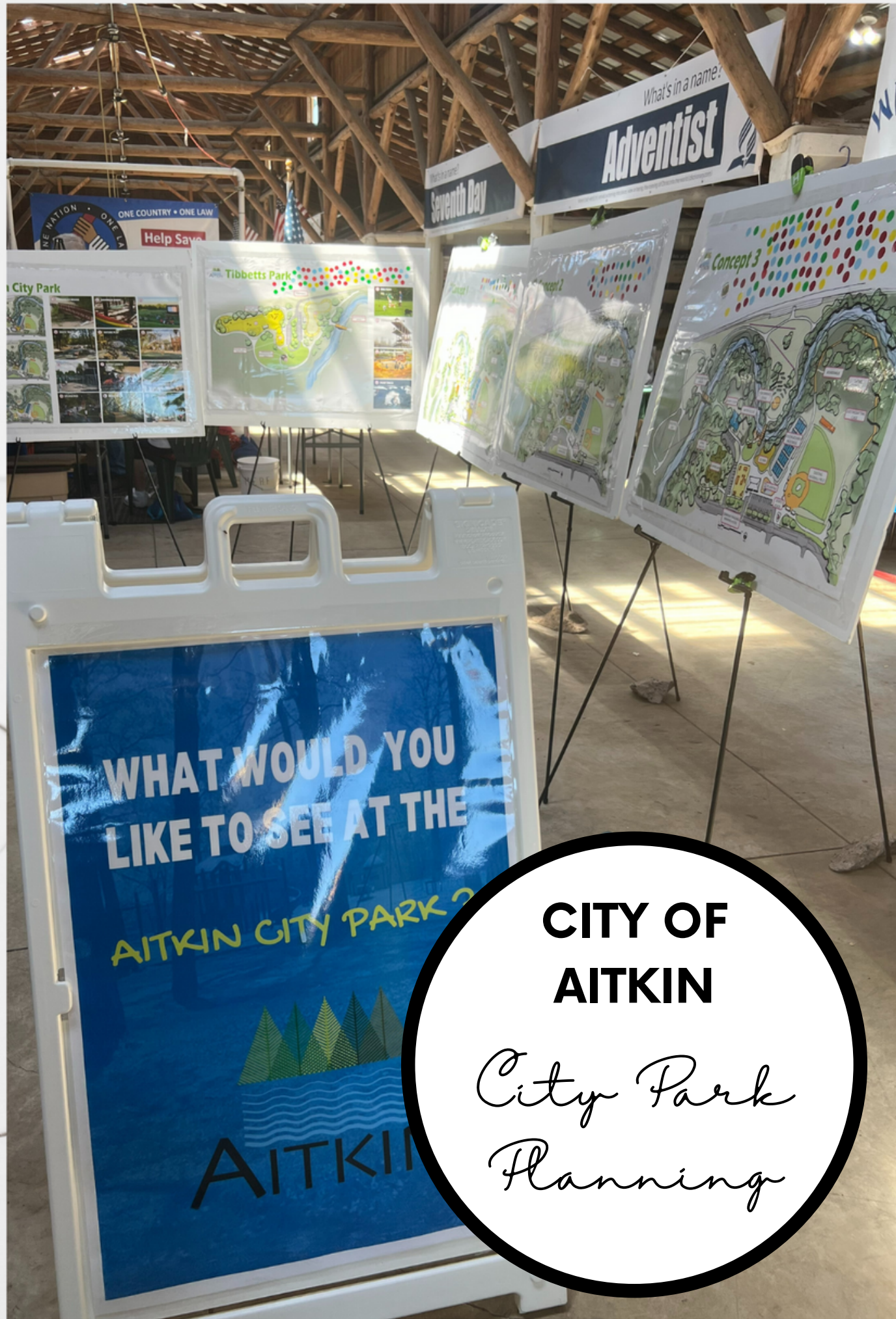
Redeem at **AITKIN FARMERS MARKET**

AGES 60 AND OLDER
FOR SENIORS

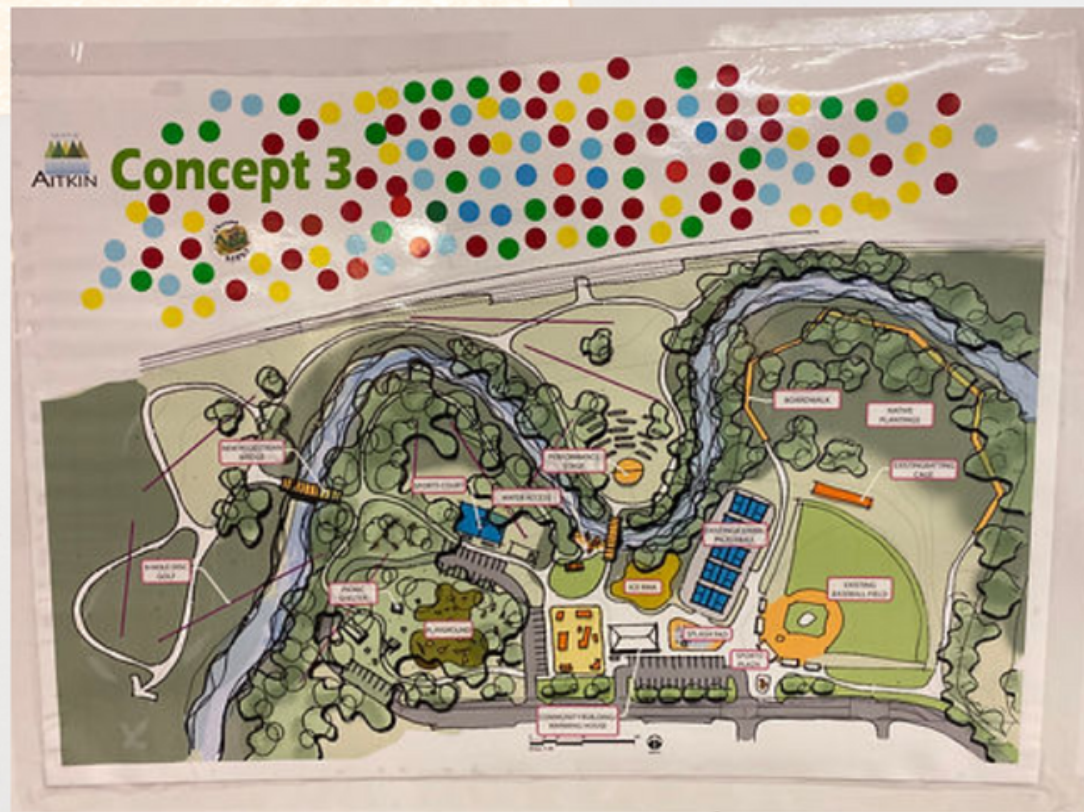
SPONSORED BY **CARE**







CITY OF AITKIN
City Park Planning





**THE BUTLER
BUILDING**
*Magic in
Music*



**CITY OF
AITKIN PARK**

*Music in
the Park*



**MUSIC IN
THE PARK**

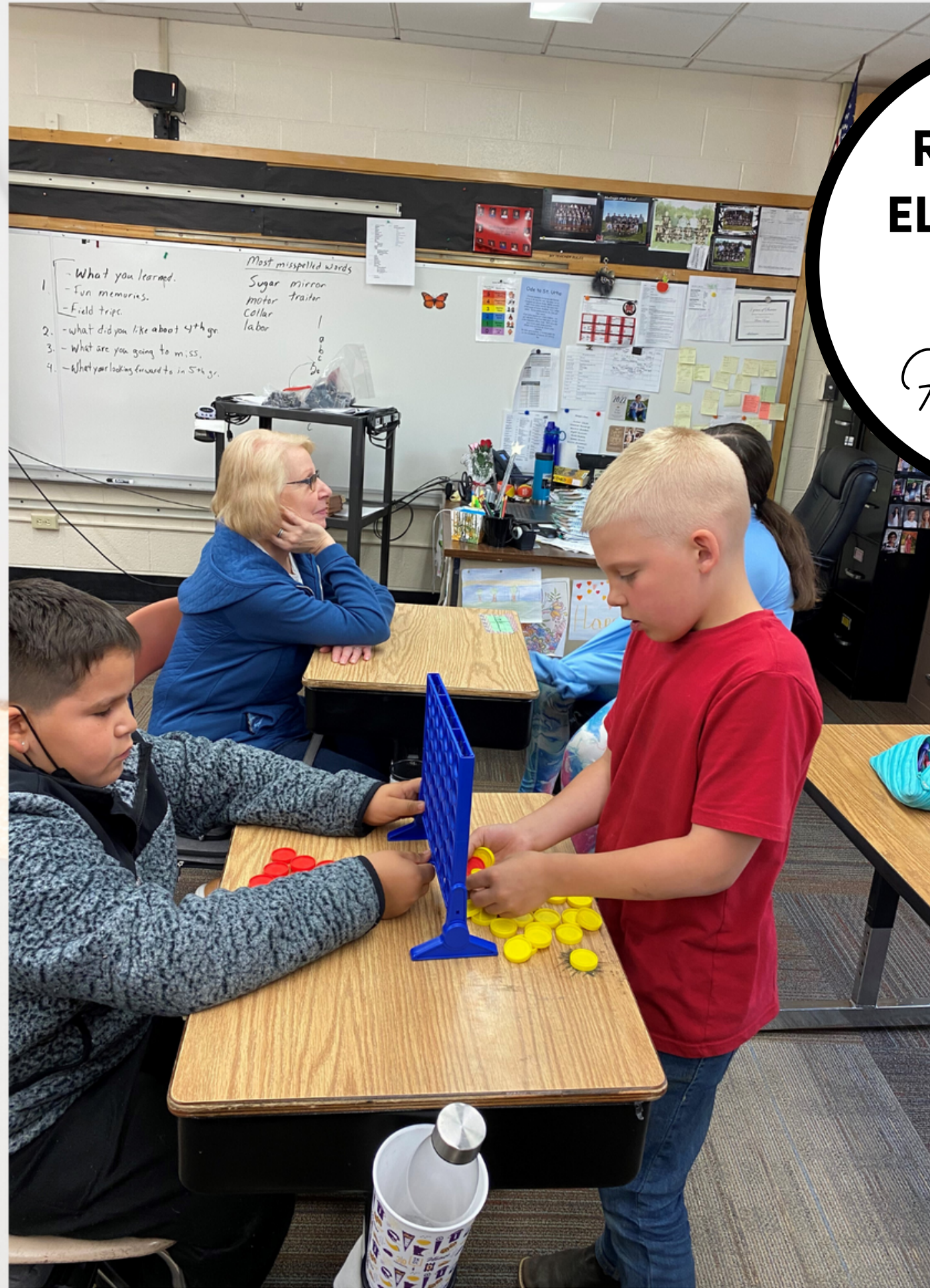
Join us for live music, snacks
and beverages, games and
lots of fun!

JULY 28TH *Aitkin City Park!*
1:00-3:00 PM

FREE EVENT!

**RIVERS
EDGE** 
ASSISTED LIVING INC.

Thank you to
our sponsor
Rivers Edge!



**RIPPLESIDE
ELEMENTARY**
*Grand
Friends*



FREE

CARE
 COORDINATING AREA RESOURCES EFFECTIVELY
 1-218-927-1383
 www.aitkincountycare.org

CARE Memory Lane Café

11:00 am - 12:30 pm
 Maryhill Manor
 2nd Tuesday of the Month

MUSIC	MEMORY JOGGERS	STORIES
GAMES	BINGO	SOCIAL

 Dementia Friends Minnesota <small>An ACT on Alzheimer's Initiative</small>	<h2>Information Session</h2>
<p>Aitkin County CARE</p> <p>20 Third Street NE, Aitkin, MN</p> <p>To Register Call CARE 218-927-1383 ext 2 or visit www.ACTonALZ.org</p>	<p>Monday, August 15th 11:00 am – 12:00 p.m.</p>
<p>What is Dementia?</p> <p>Types of Dementia</p> <p>Alzheimer's Disease (MOST COMMON)</p> <p>Dementia with Lewy Bodies, Frontotemporal, Vascular, etc. (LESS COMMON)</p>	<p>People with dementia need to be understood and supported in their communities.</p> <p>Join us to learn more.</p>

The Remember Project Virtual Event • Free!

SAVE THE DATE
 September 20, 2022

Fortune Cookies by Bonnie Dudovitz

HEALTHY LIVING FOR YOUR BRAIN AND BODY
 TIPS FROM THE LATEST RESEARCH

An education program presented by the Alzheimer's Association®



For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how lifestyle choices may help you keep your brain and body healthy as you age.

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Monday, August 22
 1 p.m.

Aitkin County Library
 110 1st Ave NE
 Aitkin, MN 56431

Attendees are welcome to view virtual program at the library or on their own.

Please register to attend by calling
 218-927-1383 ext. 3

Visit alz.org/CRF to explore additional education programs in your area.

ALZHEIMER'S ASSOCIATION
 Minnesota - North Dakota Chapter







More Information Contact us



Aitkin County CARE
Coordinating Area
Resources Effectively

Lynne Jacobs

Executive Director

-  218-927-1383 EXT. 3
-  aitkincountycare@gmail.com
-  20 Third Street NE Aitkin, MN 56431
-  www.aitkincountycare.org



Public Health
Prevent. Promote. Protect.
Aitkin County

**Aitkin County Public
Health**

Hannah Colby, RD, LD, CLS

Public Health Educator

-  218-927-7271
-  hannah.colby@co.aitkin,.mn.us
-  204 1st Street NW Aitkin, MN 56431
-  www.aitkincountyship.org